Groceries:	Other supplies:
drinking water	☐ tarps
washing/household water	☐ tape
dry cereal	sandbags
shelf stable milk or "milk" (individual	☐ baby wipes
size is best if power is out)	☐ toilet paper
freeze dried berries	paper towels
freeze dried apples	paper plates / plastic cutlery
peanut butter	☐ trash bags
laughing cow or other shelf-stable	☐ battery powered radio
cheese	☐ flashlights
cold brew concentrate	cash
canned vegetable soup (Amy's)	medications and supplements
boxed vegetable soup	pet / baby food and needs (diapers,
whole grain crackers	formula, puppy pads if the weather
refried beans	doesn't allow for visits outside)
mild salsa	thermal emergency blankets
pouches of tuna and/or chicken	
mustard, mayonnaise, relish, and other	
condiment packets	
protein and/or granola bars (Kind bars)	
chocolate chips	
nuts	
100% fruit spread/jam	